


SUMMER FOOD SUPPORT AVAILABLE IN HARINGEY N4, N8 & N10

FREE FOOD AND ACTIVITIES FOR RESIDENTS IN HARRINGAY,
HORNSEY, MUSWELL HILL AND STROUD GREEN OVER THE SUMMER


LOCAL FOOD LOCATIONS AND DETAILS

 **Gospel Centre Food Bank**
Open Saturday 10.30am–12 noon
and Tuesday 6.30–8pm
Wightman Road N8 OHT



 **Holy Trinity (Stroud Green) Foodbank**
Open Sunday 1.30–3.30pm
Stapleton Hall Road N4, hall next to
St Aidan's Primary School



 **Hornsey Food Bank**
Open Thursday 11am–1pm
They will be giving out children's
packed lunches on Tuesdays during
the holidays (27 July to 31 August),
11.30 to 12.30
Middle Lane Methodist Church
Lightfoot Road N8 7JN



 **Middle Lane Methodist Church 'Free Warm Meal'**
Offers a hot and nourishing meal to
takeaway Monday 6.30 to 8pm
Lightfoot Road N8 7JN



 **Muswell Hill Food Bank**
Open Monday 12.30–2.30pm,
Wednesday and Friday 11.30–1.30pm
(closed from 16th August to 1st
September for holidays)
Pembroke Road church, 68
Pembroke Road N10 2HT
NB referrals only (e.g. Citizens
Advice on 0808 208 2138)



 **Muswell Hill Soup Kitchen**
Operating as a takeaway service
from the front of the building.
Open Sunday 5.00–5.45pm,
Monday to Thursday 7.30–8.15pm
Baptist Church, Dukes Ave, N10 2PT



OTHER FOOD LOCATIONS AND DETAILS

 **Bounds Green Food Bank**
Open Tuesday & Thurs 2.00–4pm
St Michaels Hall, 37 Bounds Green
Road, N22 8HE

 **Selby Centre Food Hub**
Open Tuesday 2.00–4.00pm
Thursday 1.30–3.30pm
Selby Road, London N17 8JL

StreetBox is a Community Interest
(CIC) Veg Box Company, support-
ing local North and East London
charities and organisations with our
'Buy a Box. Give a Box' campaign.
For every box bought we are able
to donate the equivalent amount of
fresh, surplus fruit and veg to these
charities helping to support them in
their fight to end food poverty in our
local communities.

You can find out more at
www.streetbox.london



HOLIDAY ACTIVITIES & FOOD PROGRAMME

FREE SUMMER HOLIDAY FUN WITH A HEALTHY MEAL FOR ALL CHILDREN AGED 5-16 ELIGIBLE FOR FREE SCHOOL MEALS

Sessions available between 26th July and 27th August.

For more information and to book a space visit:

www.haringey.gov.uk/haf

LOCAL ACTIVITIES IN N4, N8 or N10

African Caribbean Day Nursery

30 Hornsey Park Road, N8 0JP
e: adcn01nursery@yahoo.co.uk
t: 020 8889 4222

Finsbury Park, N4

e: info@accesstosports.org.uk or visit
www.accesstosports.org.uk
Access to sport includes tennis,
roller skating, multi sports

Fortismere School

Tetherdown, N10 1NE
e: mdemetriou@fortismere.org.uk
t: 020 8365 4400
includes dance, multi sports, comic
course,

Greig City Academy

Hornsey High Street, N8 7NU
e: enquiries@greigcityacademy.co.uk; t: 020 8609 0100
Summer holidays fun, fitness and
food camp

Hornsey Library

Haringey Park, N8 0JA
t: 020 8489 2200
Activities include:
Emergency Exit Arts
You-nique!! Spoken word workshop
with Paul Lyalls
Capoeira for beginners and SRC
session
Capoeira for beginners and Pippin
Puppets storytime
Journal making workshop and SRC
craft session
Piers Torday writing workshop and
SRC shared reading
Family Fitness with first kicks sports

OTHER LOCATIONS* IN HARINGEY

Gladesmore School, N15
e: admin@gladesmore.com
t: 020 8800 0884

Markfield Park (HR Sports Academy),
N15

e: info@hrsportsacademy.co.uk
t: 07903 107 217

Tottenham Green Leisure Centre
(Fusion), N15
e: info@fusion-lifestyle.com
t: 020 8885 7300

Willow School, N17
e: admin@thewillow.haringey.sch.uk
t: 020 8885 8800

Brook School, N17
e: admin@thebrooke.haringey.sch.uk
t: 020 8808 7120

Markfield Project (for children with
SEND), N15
e: enquiries@markfield.org.uk
t: 020 8800 4134

Selby Centre, N17
e: reception@selbytrust.co.uk
t: 020 8800 0884

Rowland Hill Nursery, N17
e: admin@rowlandhill.haringey.sch.uk
t: 020 8808 6089

Ferry Lane Estate (Thru Life), N15
e: admin@thrulife.uk
t: 07944 854 718
(Thru Life)

* Sky City Estate (Metropolitan
Housing), 65 Penwortham Court, 50
Mayes Road N22 6SR
e: Holly.w@jacksonslane.org.uk
t: 07732 703960

Somerford Adventure Play Ground
(Haringey Play Association), N17
e: Sereena@haringey-play.org.uk
t: 020 8808 0533 / 07736 973 668

* Alexandra Primary School (Kids
Space Holiday Club), N22
e: infokidsspace@gmail.com
t: 07921 526 877

Step by Step (for children with
SEND), N15
e: info@stepbystepkids.org.uk
t: 020 8802 2362

Downs Lane Park (Living Under One
Sun), N17
e: info@livingunderonesun.co.uk
t: 020 8801 6868

Haringey Library Services
t: 020 8489 1400 / 020 8489 4560

* St Ann's Library, N15
t: 020 8489 4560

* Wood Green Library, N22

• Marcus Garvey Library, N15

Pembury House Nursery and
Children Centre, N17
e: admin@pemburyhouse.haringey.sch.uk
t: 020 8801 9914

*(An asterisk * denotes places close
to our area.)*

PEOPLE NEED PARKS ACTIVITIES PROGRAMME

FREE SUMMER HOLIDAY FUN FOR ALL AGES AND ABILITIES




Contact: get.active@haringey.gov.uk to book
or visit www.haringey.gov.uk/people-need-parks
for more details

Please check times and dates with venue before
attending as booking may be required plus some
information available is contradictory!



LOCAL ACTIVITIES IN N4, N8 or N10

Free activities and their locations include:

-  **Ducketts Common N15 3DX**
Basketball on various days and times for ages
14+ Monday to Friday 1.00–3.00pm,
every day 7.00–9.00pm; t: 07905 250042
-  **Fairland Park N8 ONH**
Football 2TR Fairlands (8+) Monday to Friday 12.00–
2.00pm; t: 07912 355884
Reggaetivity (50+) Saturday 2.00–3.00pm
Tai Chi (50+) Saturday 1.00–2.00pm
-  **Finsbury Park Endymion Road N4**
Bush Craft (gardening for women) Tuesday 10.30am–
12.30pm
Chess (all ages) 7.00–9.00pm in the cafe (possibly also
Tuesday and Thursday 10.30am–3.30pm)
t: 07941818617; e: richard@chessinschools.co.uk
Cycling (all ages with disabilities) Friday 10.00am–
1.00pm; t: 07490370347
Multisport (disabilities) Friday 11.00am–2.00pm
Street Table Tennis (18+) Friday 6.00–8pm
Walking active (50+) Tuesday 11.30am–12.30pm
Walking netball (women) Tuesday 10.00–11.00am

-  **Priory Park Middle Lane N8 8LJ**
Xplorer (orienteering for families) Thursday 11.00am–
1.00pm
Tai chi (50+) Thursday 1.00–2.00 pm
Tennis (50+) Thursday 2.00–3.00pm
Street table tennis (18+) Thursday 6.00–8.00pm

-  **Stationers Park Mayfield Road N8**
Tennis (families) Monday 3.00–4.00pm
e: parks@georgiansclub.com

There are more activities at these locations around the
borough. See www.haringey.gov.uk/people-need-parks
Belmont Recreation Ground
Bruce Castle Park
Brunswick Park
Chestnuts Park
Down Lane Park
Downhills Park
Hartington Park
Lordship Recreation Ground
Markfield Park
OR Tambo Recreation Ground
Paignton Park
White Hart Lane Recreation Ground
Woodside Park

NEED MORE SUPPORT OVER THE SUMMER?

For the main Haringey helpline,
email: ConnectedCommunities@haringey.gov.uk

Haringey Council out of hours
emergencies: 020 8489 0000
(evenings and weekends)

National Domestic Violence
Helpline. t: 0808 2000 247 (24hrs)

Citizens Advice give free,
confidential and independent
advice. haringeycabx.org.uk
Advice line: 03444 889626

Haringey First Response Service
(Child Protection) t: 020 8489 4592 /
4582 / 5652 / 5762 (office hours)


Haringey Police Community Safety

Unit. t: 020 8345 1939 (Monday to
Friday 8am–6pm; weekends 8am–
4pm)


You can help reduce crime by
reporting anything you think is
dangerous or suspicious. In an
emergency always call 999
For non emergency calls dial 101



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